**   
 YOGA ON THE BEACH**   
 Sunday, May 9

9:30am – 10:30am  
 **$5 Donation suggested  
  
 Unique Mother’s Day Gift**

**Join Danell this Sunday for an uplifting Yoga Class.   
 Everyone/ Every Level Welcome!**   
 **Bring a beach towel or sheet for your practice.**  **Meet prior to class at the   
 bench at the end of OCEAN BLVD   
 (right at the start of the Hotel Del houses)**

***Goodies for Moms…………….***

**Need more info?  
 contact Danell:  
 619-787-7566** [omayogi@hotmail.com](mailto:omayogi@hotmail.com)