

## If I Only Knew Then What I Know Now

## The Ovarian Cancer Alliance of San Diego presents stories of empowerment.

You're invited to a special community event that will provide information and inspiration through the voices of ovarian cancer survivors.

Scripps is proud to host this Ovarian Cancer Alliance of San Diego event with an extraordinary panel of women helping others to better understand ovarian cancer through the H.E.A.R. program. H.E.A.R. stands for hope, experiences, awareness and risk factors.

## Wednesday, Sept. 16, 2015 5:30–7:30 p.m.

Scripps Memorial Hospital La Jolla Schaetzel Center, Great Hall

9888 Genesee Ave. La Jolla, CA 92037 **Program Schedule:** 

5:30 p.m. Reception and Refreshments

6 p.m. Speakers

7 p.m. Question and Answer Session

7:30 p.m. Conclusion

The event is open to the public. Parking is \$4.

For more information or to RSVP, please call **1-800-SCRIPPS (727-4777)**.





Ovarian cancer is the fifth leading cause of cancer deaths for women in the U.S. More than 20,000 women in the U.S. were diagnosed with ovarian cancer in 2014. More than half of the women diagnosed are over age 63.

Knowing ovarian cancer symptoms, signs and risk factors is part of a proactive message that H.E.A.R. speakers provide, as well as personal stories of empowerment, recovery and renewal.