Introducing NFL Flag Football: a premier youth sports program offering students the chance to engage in team sports wearing official NFL jerseys, with trained and vetted referees and coaches.

In today's digital age, it's vital for children to play outside in safe environments. NFL Flag Football offers a structured, supportive setting for students to develop physical skills, learn teamwork, and build lasting friendships.

NFL Flag is a proud partner with RCX Sports (https://rcxsports.com) which brings a variety of youth programs to the cities of America.

### Backed by the NFL:

The largest flag football league in the U.S. and girls of all ages and skill levels can learn to play the only league where players can wear official NFL gear making the experience even more exciting and motivating.

### **Professional Referees:**

- and have tons of fun.

**Flag Football Overview** 

No Contact:

Our games are officiated by trained referees, ensuring fair play and a professional atmosphere.

NFL Flag leagues are no contact so boys and

# Comprehensive Training:

Coaches provide top-notch training that emphasizes skill development, sportsmanship, and character building.

# New CIF Sport: Girls Flag Football

With over 15 states recognizing Girls Flag Football as a CIF sport, colleges are poised to follow. This exciting game transforms mindsets and creates incredible opportunities for self-empowerment. Join the movement and help us inspire the next generation of strong, confident young women.

## About Grind Geek Elite Training

#### The grind stands for hard work, while geek displays passion for tech. Grind Geek is a sports performance program using data analytics to track performance. Grind Geek is a volunteer-based, non-profit dedicated to teaching sportsmanship, daily physical activity, character building, and football fundamentals to boys and girls in San Diego.











### NFL FLAG LEAGUES

NFL Flag is the official flag football program of the NFL. **1,800+ Teams . 700,000 Youth Athletes . All 50 States** View Locations Nationwide at: https://nflflag.com/find-league

### **About Grind Greek Sports Performance**

We are the local arm of NFL Flag and bring you this exciting

experience for the youth you serve. We have had requests from athletes to launch the program on the island and now is the time. We have secured playing fields and now are registering athletes.

By supporting NFL Flag Football, you are creating a safe and structured environment for children to play, learn, and grow. In an era where social media dominates, our program offers a healthy alternative by promoting physical activity outdoors and building real-world connections among friends.

### **Benefits & Impact of NFL Flag Football**

Youth sports are a powerful tool for holistic development, helping elementary and middle school students grow into well-rounded individuals who are physically active, socially connected, and emotionally resilient.

#### **Physical Health**

- Active Lifestyle: Promotes lifelong habits of physical activity, reducing obesity risks.

#### **Emotional and Psychological Benefits**

- *Self-Esteem and Confidence:* Boosts confidence through success and resilience.

- *Stress Relief:* Provides a healthy outlet for managing anxiety and emotions.

#### **Character Building**

- *Sportsmanship:* Instills fair play, respect, and handling victories and defeats gracefully.

#### **Social Development**

- *Teamwork and Cooperation:* Teaches collaboration and working towards common goals.

#### Academic Benefits

- *Enhanced Concentration:* Improves focus and academic performance.

- *Time Management:* Balancing sports and academics teaches organizational skills.

#### Long-Term Impact

- *Lifelong Skills:* Builds leadership, teamwork, and perseverance that benefit students for life.





How Students Can Register: Students can simply visit: www.CoronadoNFLFlag.com

### Next Steps:

We can send some promotional resources to boost student participation. One school simply sent out our email templates at the start of the term, and parents, eager to keep their kids active, quickly enrolled them.

Another school posted flyers in each classroom, encouraging students to snap a picture with their cell phones and share it with their parents.

These simple yet effective strategies showcase the creative ways our materials can be utilized, and we warmly welcome any innovative ideas you may have to further enhance our efforts.

### **Promotional Materials**

We have created email templates and social media graphics to help you make an impact effortlessly. We can send those assets via email.

- 1. Email templates
- 2. Flyers
- 3. Social Media Graphics

### FAQ

Please visit our website to view a list of frequently asked questions.

#### **Sponsorship & Donations Opportunities**

We welcome sponsorships and donations! For those willing to contribute, please contact us at 619-402-4256 or via email at gameon@coronadonflflag.com.

# Contact

**Qutin Zavant** Youth Sports Outreach Coordinator 619-402-4256