



Whatever the Season Brings, We're Here for You

At Sharp Coronado Hospital, your well-being is our top priority. We're taking extra precautions to ensure it's safe for you to receive the care you need. During cold and flu season, it's important to understand the symptoms of different respiratory conditions. Use this chart as a helpful reference.

Symptom	Cold	Flu	COVID-19
Fever	Low grade or none	101° F or above	101° F or above
Headache	Rarely	Common	Sometimes
Congestion or stuffy nose	Common	Sometimes	Rarely
Sneezing	Common	Sometimes	Sometimes
Cough	Common, mild to moderate	Common, often severe	Common, usually dry
Body aches	Sometimes, slight	Common, often severe	Sometimes
Chills	Rarely	Fairly common	Common, with repeated shaking
Sore throat	Common	Sometimes	Sometimes
Fatigue	Sometimes	Common, extreme	Common
Nausea, vomiting or diarrhea	Rarely	Rarely	Sometimes
Loss of smell or taste	Rarely	Rarely	Sometimes
Shortness of breath	Rarely	Rarely	Sometimes

In most cases, the doctor's office is your best first step for care. Call 911 immediately if you have a life- or limb-threatening condition, trouble breathing or blueish lips or face.

For your convenience, you can reserve a spot at our ER at sharp.com/coronadoscheduling. Walk-in patients are welcome.

