Morning Events Around Coronado on 9-21-18 (Bragging Rights for 100 Years!):

- 8:30a 11a: Tennis Tournament at Glorietta Tennis Center (32 doubles teams coordinated by tennis pro Bryan Conway)
 - THIS EVENT IS FULL! To register for this free event, email or text Bryan Conway: <u>bryan@coronadotennis.com</u> or text: 760-703-7470 (all NTRP levels welcomed) Please let Bryan know if you are interested in Mens Doubles, Womens Doubles or Mixed Doubles. You can sign up with a partner or be paired at the event. THIS EVENT IS FULL!
- **9a 11a: Lawn Bowling Tournament at John D. Spreckels Center** (1019 7th St). In order to play in this free event, you must have lawn bowling playing experience sorry, but no brand new players. Need experience? <u>Try it out this Summer</u>. Format will be 2 vs 2.
 - To register for this free event, send the names of your team (2 players) to <u>coronadolawnbowling@gmail.com</u> with "92118" in the subject line.
- **9:30a 10:30a Tee Times: 9-Hole Golf Tournament** (8 foursomes coordinated by Phil Fitzgerald / City of Coronado)
 - To register, call the Golf Shop at 619-522-6590 & specify "92118 Day" for 9:30a 1030a block. \$18 fee for residents. Foursomes or individuals welcomed.
- **10:30a 11:15a: Chair Yoga at John D. Spreckels Center** (1019 7th Street). Instructor Suzanne Ware will lead a fun and energetic way to get in shape with this gentle style of Yoga. Free for members and one free pass for non-members and guests to try it out. Call 619-435-2616 or email <u>coronadoseniorcenter@hotmail.com</u> if you have questions.
- **12:30p 3:30p: Bingo Blast at John D. Spreckels Center** (1019 7th Street). It will consist of 14 games, where anyone 18 years of age or older can win \$50, \$60, \$100 or \$200 cash prizes while listening to music from the 1940's-1970's. Minimum of \$10 buy-in is required. All proceeds benefit the Coronado Senior Association. Call 619-435-2616 or emailcoronadoseniorcenter@hotmail.com for more info.
- **1:30p 2:30p:** Yin Yoga at Hot and Soul Yoga Center (1330 Orange Ave #210). Free class and open to first 25 people to<u>sign up</u>. This non-heated, slow-paced class is open to all levels. The restorative postures are held longer with the help of props. Yin yoga targets our deepest tissues of the body, our connective tissues ligaments, joints, bones, and the deep fascia networks of the body rather than the muscles. This practice will improve performance and flexibility, and will leave you feeling very relaxed. It's free and there is space for 25 people. To sign up, <u>click here</u>. For questions, email <u>coronadoseniorcenter@hotmail.com</u>

Afternoon & Evening Activities During 9-21-18 Main Event (Tentative):

- **3p dusk: Public Piano** (come play a tune!) coordinated by the Coronado Cultural Arts Commission
- **3p dusk: Public Art "Paint THE Numbers"** coordinated by the Coronado Cultural Arts Commission
- **3p dusk: HUGE Piano** remember the <u>movie Big</u>? coordinated by the Coronado Cultural Arts Commission
- **3:30pm dusk: Face Painting on Ocean Blvd** coordinated by the City of Coronado Rec. Department
- **3:30p dusk: Spikeball Free Play & King of the Court** coordinated by the Coronado High School Interact Club and Coronado Rotary (<u>how to play video</u>)
- **3:30p dusk: Cornhole Tournament, Free Play & King of the Court** coordinated by Coronado Cornhole Classic
- **3:30p dusk: Activities for Kids Under 48":** Frisbee, Hula Hoop, Relays, Red Rover, Limbo, & More! coordinated by CHS ASB and Coronado Optimists
- 3:30p dusk: Bocce Ball Free Play & King of the Court coordinated by Lions Club
- 3:30p dusk: Sandcastle / Hole Digging Contest coordinated by URT.

- **3:30p dusk: Volleyball Tournament, Free Play & King of the Court** (18 teams made up of 4-6 per team -coordinated by Islanders Beach Volleyball). Sign up at event.
- **4p 5p – <u>5K Run from Base to Base</u> (a fun run on the sand from base to base -coordinated by <u>Easy Day Sports (Register)</u>**
- **6p Group Photo on Dunes:** Stand on the C-O-R-O-N-A-D-O dunes for an epic group video and photo.
- 7:20p Beach Fireworks Show at Hotel del Coronado
- 7:30p Movie on the Beach at Hotel del Coronado Blue Crush (movie trailer)

Musical Events During 9-21-18 Celebration (SEE YOU ON THE DANCE FLOOR):

- <u>4p 5p: In Midlife Crisis</u>
- <u>5p 6p: Ron's Garage</u>
- <u>6p 7p: Crown Town</u>
- <u>7p 8p: It's Never 2L8</u>

Community Cleanup on 9-22-18 (Morning After):

• 8a – 11a Beach and surround streets, cleanup – Meet at Central Lifeguard Station. Supplies to clean up will be available.

Layout of 92118 Day (Subject to Change):

