# Lifeguard Training

Become certified as an American Red Cross Lifeguard! Class certifications will include: Lifeguard Training, CPR, AED, and Title 22. These certifications will allow you to be hired as a lifeguard in any California Aquatics Facilities that follow the American Red Cross Certification Program. Students must attend every class in order to become certified. Register at the City of Coronado today.

## **Prerequisites**

Must be 15 years old, swim 300 yards continuously in either breaststroke or freestyle, tread water for 2 minutes with hands out of the water, and retrieve a 10 lb brick from a depth of 7-10 ft, swim 20 yds with head and brick out of the water, and climb out of the pool in a time of 1 minute and 40 seconds or less.

#### <u>Fee</u>

\$200.00 - Additional fees for books and Red Cross services will apply and must be purchased before class starts.

\*Blended learning requires access to a computer and email address. Participants are responsible for starting and completing all computer work two weeks prior to the first day of class.

### Spring Class

*Last day to register: March 12th* March 23rd: 4:30pm-8:30pm March 24th: 8:00am-5:00pm March 25th: 8:00am-5:00pm Bar Code: 16894

#### **Register**

In person: 1845 Strand Way, Coronado, CA 92118 Over the Phone: (619) 522-7342 Online: https://www.coronado.ca.us

### Summer Class

Last day to register: May 21st June 1st: 4:30pm-8:30pm June 2nd: 8:00am-5:00pm June 3rd: 8:00am-5:00pm Bar Code: 16895





Aquatics Center 1845 Strand Way, Coronado, CA 92118 www.coronado.ca.us/aquatics (619) 522-2464