



A program of Soroptimist and its online community LiveYourDream.org, which work to improve the lives of women and girls through programs leading to social and economic empowerment.

*2nd Annual*

# IF SHE CAN DREAM IT, HELP HER BE IT!

## *Mentoring Workshop*

*A fun event with Dynamic Speakers. Interactive Mentoring Techniques. Free Curriculum. Lunch & Snacks*

**for:** Mentors, Mentees, Community Leaders, Teachers, Parents & Girls  
**Learn to Assist Girls in Planning Their Futures**

**when:** Saturday, March 25, 2017, 10 a.m. to 3 p.m.,  
registration 9:30, signup <https://dibi2017.eventbrite.com>

**where:** San Diego Women's Club  
2557 Third Ave., San Diego, CA 92103

**fee:** Adult attendee - \$15, Under 18 Free

### **Mentoring Workshop Topics:**

- ◆ Encouraging Girls' Dreams
- ◆ Exploring career opportunities
- ◆ Setting & achieving goals
- ◆ Rising above obstacles
- ◆ Moving forward after setbacks
- ◆ Balancing your Stress
- ◆ Putting dreams into action



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