



*Beginning November 19
Join us every 3rd Thursday
for our Green Grocer
Pop-Up Market*

mindful
café enjoy health



Pop-Up Market

THURS, OCTOBER 22 | 10:30AM - 2:30PM



FRESH PRODUCE



ARTISAN FOODS



LUNCH SPECIAL

Come out and enjoy locally grown and organic foods:
* Seasonal fruits and vegetables * Baked goods
* Artisan bread and cheeses * Freshly prepared meals

MINDFUL CAFÉ AT SHARP CORONADO HOSPITAL
250 PROSPECT PLACE, CORONADO, CA 92118